



Breast Thermography Clinic November 18, 2005

The Duke Street Centre for Change & Wellness will be hosting a breast thermography clinic on November the 18th.

Thermography is a medical diagnostic technique using a digital infrared camera and a high-speed computer for imaging. The technology measures body tissue heat energy within the entire chest area, breasts, and underarms. Areas with a higher temperature reading are considered 'problem areas' as this reflects increased blood flow and increased metabolic activity.

The benefits of thermography are:

- there no risks (no harmful rays are emitted)
- no pain or pressure
- it's a useful screening tool for all breast types (young/dense, fibrocystic, women on HRT)
- functional problems can be detected prior to structural abnormalities appearing mammograms – early detection provides the greatest outcomes
- it can allow for more precise focus by other follow-up diagnostic screening i.e. mammography, ultrasound, MRI

To book a thermography appointment, find out more information about thermography, or attend an upcoming healthy breast lecture, please call **342-0034**.

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